

SPECIALTY CLASS

OUTDOOR

KETTLEBELL BOOTCAMP

WED. SEPT 16TH 6:10 AM

WITH CERTIFIED PERSONAL TRAINER: MARISA LOPEZ

This class will focus on strength, conditioning and core exercises using kettlebells and your bodyweight.

This class will be held in person in the Mojave Fitness Parking lot and will be held outdoors.

SPOTS ARE LIMITED!!!

**ALL FITNESS LEVELS ARE WELCOME!
NON MEMBERS WELCOME - SEND US AN EMAIL**

Class will be held LIVE!
REGISTER IN THE PORTAL!

**www.mojavefitness.com
[email:mojavefitness@contactelevation.com](mailto:mojavefitness@contactelevation.com)**